

Fusion Yoga Studio ॐ 2019 Teacher Training Program

| January 2019 | | | | | | |
|----------------------------|---|-------------------------------------|----------------------------|-------|-----------------------------|-------------------------|
| SUN | MON | TUE | WED | THURS | FRI | SAT |
| | | 1 START 9:30 3:30 6 | 2 | 3 | 4 5:15 10:00 4.75 | 5 8:30 11:30 3 |
| 6 8:30 - 3:00 6.5 | 7 5:15 9:00 3.75 | 8 | 9 5:15 9:00 3.75 | 10 | 11 5:15 10:00 4.75 | 12 |
| 13 | 14 5:15 9:00 3.75 | 15 | 16 5:15 9:00 3.75 | 17 | 18 5:15 10:00 4.75 | 19 |
| 20 | 21 MLK DAY 5:15 9:00 3.75 | 22 | 23 5:15 9:00 3.75 | 24 | 25 WEEKEND OFF | 26 |
| 27 | 28 5:15 9:00 3.75 | 29 | 30 5:15 9:00 3.75 | 31 | | 59.75 |

| February 2019 | | | | | | |
|----------------------------|--|-----|------------------------------|-------------|-----------------------------|---------------------------|
| SUN | MON | TUE | WED | THURS | FRI | SAT |
| | | | | | 1 5:15 10:00 4.75 | 2 8:30 11:30 2.5 |
| 3 8:30 - 3:00 6.5 | 4 5:15 9:00 3.75 | 5 | 6 5:15 - 9:00 3.75 | 7 | 8 5:15 10:00 4.75 | 9 |
| 10 | 11 5:15 - 9:00 3.75 | 12 | 13 5:15 - 9:00 3.75 | 14 ♥ DAY | 15-16 WEEKEND OFF | |
| 17 | 18 PRES DAY 5:15 9:00 3.75 | 19 | 20 5:15 - 9:00 3.75 | 21 | 22 5:15 10:00 4.75 | 23 |
| 24 | 25 5:15 - 9:00 3.75 | 26 | 27 5:15 - 9:00 3.75 | 28 | | 53.25 |

| March 2019 | | | | | | |
|----------------------------|------------------------------|-----|------------------------------|-------|-------------------------------|---------------------------|
| SUN | MON | TUE | WED | THURS | FRI | SAT |
| | | | | | 1 5:15 - 10:00 4.75 | 2 8:30 11:30 2.5 |
| 3 8:30 - 3:00 6.5 | 4 5:15 - 9:00 3.75 | 5 | 6 5:15 - 9:00 3.75 | 7 | 8 5:15 - 10:00 4.75 | 9 |
| 10 | 11 5:15 - 9:00 3.75 | 12 | 13 5:15 - 9:00 3.75 | 14 | 15 WEEKEND OFF | 16 ST PAT |
| 17 | 18 5:15 - 9:00 3.75 | 19 | 20 5:15 - 9:00 3.75 | 21 | 22 5:15 - 10:00 4.75 | 23 |
| 24 | 25 5:15 - 9:00 3.75 | 26 | 27 5:15 - 9:00 3.75 | 28 | 29 5:15 - 10:00 4.75 | 30 31 58 |

| April 2019 | | | | | | |
|---|------------------------------|-----|------------------------------|-------|-------------------------------|---------------------------|
| SUN | MON | TUE | WED | THURS | FRI | SAT |
| | 1 5:15 - 9:00 3.75 | 2 | 3 5:15 - 9:00 3.75 | 4 | 5 5:15 - 10:00 4.75 | 6 8:30 11:30 2.5 |
| 7 8:30 - 3:00 6.5 | 8 5:15 - 9:00 3.75 | 9 | 10 5:15 - 9:00 3.75 | 11 | 12 5:15 - 10:00 4.75 | 13 |
| 14 | 15 5:15 - 9:00 3.75 | 16 | 17 5:15 - 9:00 3.75 | 18 | 19 5:15 - 10:00 4.75 | 20 |
| 21 FINAL 8:30 3:00 6.5 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | 52.25 |

| May 2018 | | | | | | |
|----------------------|---------------------------|-----|-----|-------|-----|-----|
| SUN | MON | TUE | WED | THURS | FRI | SAT |
| | | 1 | 2 | 3 | 4 | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 MOM DAY | 14 | 15 | 16 | 17 | 18 | 19 |
| 20 | 21 | 22 | 23 | 24 | 25 | 26 |
| 27 | 28 MEMORIAL DAY | 29 | 30 | 31 | | 0 |

★ PLEASE NOTE ★

This is a tentative schedule and is subject to some minor tweaks/changes.

If you are unable to make some of these posted dates (due to illness, vacation plans, or an emergency) -- or if you would be occasionally late due to work schedule, there ARE make-up options available for the missed time.

If you have any questions/concerns, please contact Lori at (916) 600-6557 or Lori@FusionYogaSac.com.